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*Real-life
Implementation
and Management
of Dementia
Patients*

Learning Objectives

- Plan a non pharmacological management strategy for patient with Dementia
- Be able to design individualized activity program utilizing licensed & unlicensed personnel
- Integrate an Activity program as the Pillar of the Resident Care Plan impacting Appropriate Drug Utilization.

How to manage "behaviors" in the LTC setting?

- It is a BIG Challenge.
- In Garden Crest we chose to enhance our Activity Program as the pillar of the plan in managing behaviors.
- **WHY?**
- **Activities are the basis of dignity, the foundation of care and primary strategy in behavior management.**




How to Achieve All of "that"?

- Garden Crest philosophy is based on the belief that quality of life is created through a pleasant and respectful environment.
- The Garden Crest team provides activity programming which promotes interaction between the resident, staff and visitors.

“Typical day” ...What is it?

- The “*Typical Day*” in a facility should consist of pattern of activities, beginning with getting up in the morning and extended to bedtime.
- This “*pattern*” offers a flexible structure, which provides the predictability, security and a sense of control that the resident needs in order to function at their highest level.

What is a “*Typical Day*” ?

- Nursing department’s close collaboration with the Activity department results in a very interesting, busy and tiring day for the residents.
 - Busy resident  tired & satisfied resident.
-  Good nap as well as a good night sleep.
-  Less use of psychotropic medications.

Sample of a “Typical Day”?

AM (6am - 12Noon)	PM (1pm - 7-8pm)
Rise & Shine (Dressing & grooming)	Physical Activity: Afternoon stretch, Drumming circle, nap time
Breakfast	Mental Activities: Sensory awareness, Reading
Coffee Social, Coffee Club	Snack
Physical Activity: General exercise, Therapeutic Yoga, Morning Stretch	Active Time: Activity Tidbits, Bowling, basketball, pet therapy
AM nourishment	Music/Social Time: Drumming circle, Therapeutic Music, Sing a long, Caring clowns
Mental Activities: Mental fitness, Reminiscing, brain busters, Humor sessions	Dinner
Creative Activities: A&C, Holiday crafts, Beading, Coloring, Painting	Relaxation: Patio relaxation (Summer & Winter diff. hrs). Movie night
Lunch	Bedtime











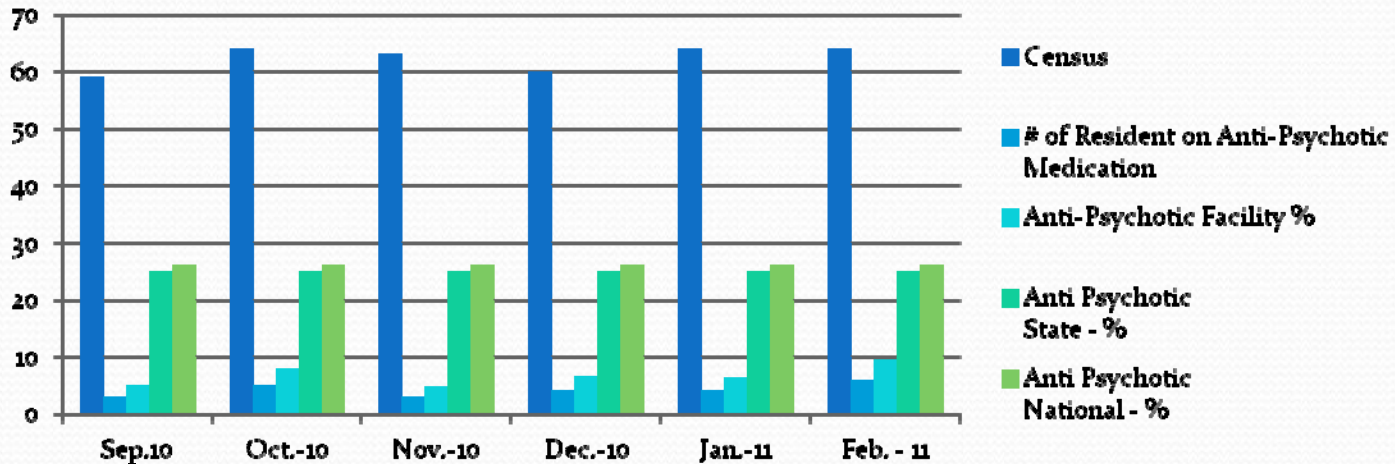






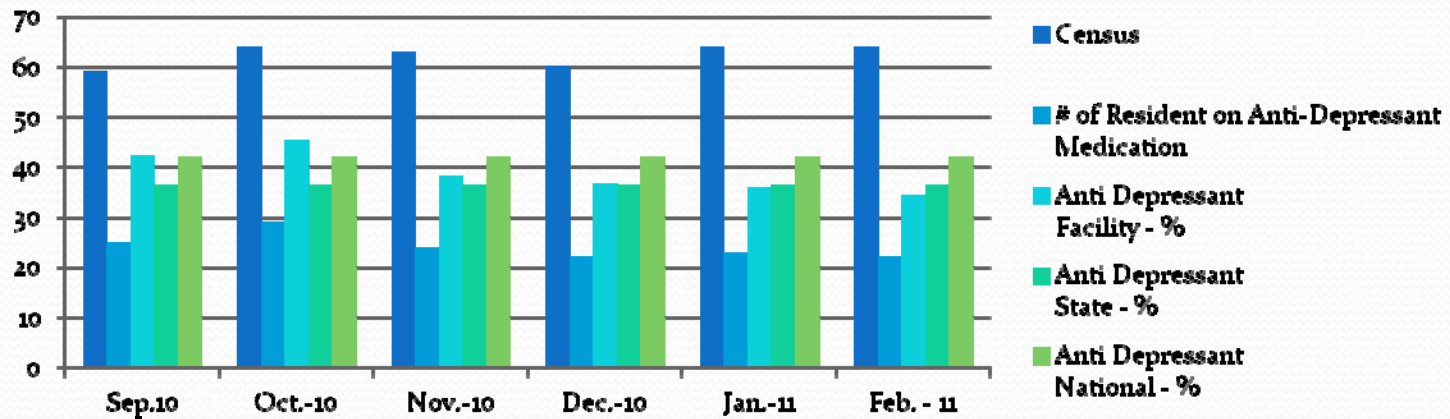
Anti-Psychotic Usage

Date	Census	# of Resident on Anti-Psychotic Medication	Anti-Psychotic Facility %	Anti Psychotic State - %	Anti Psychotic National - %
Sep.10	59	3	5.08	25.00	26.10
Oct.-10	64	5	7.81	25.00	26.10
Nov.-10	63	3	4.76	25.00	26.10
Dec.-10	60	4	6.67	25.00	26.10
Jan.-11	64	4	6.25	25.00	26.10
Feb. - 11	64	6	9.38	25.00	26.10



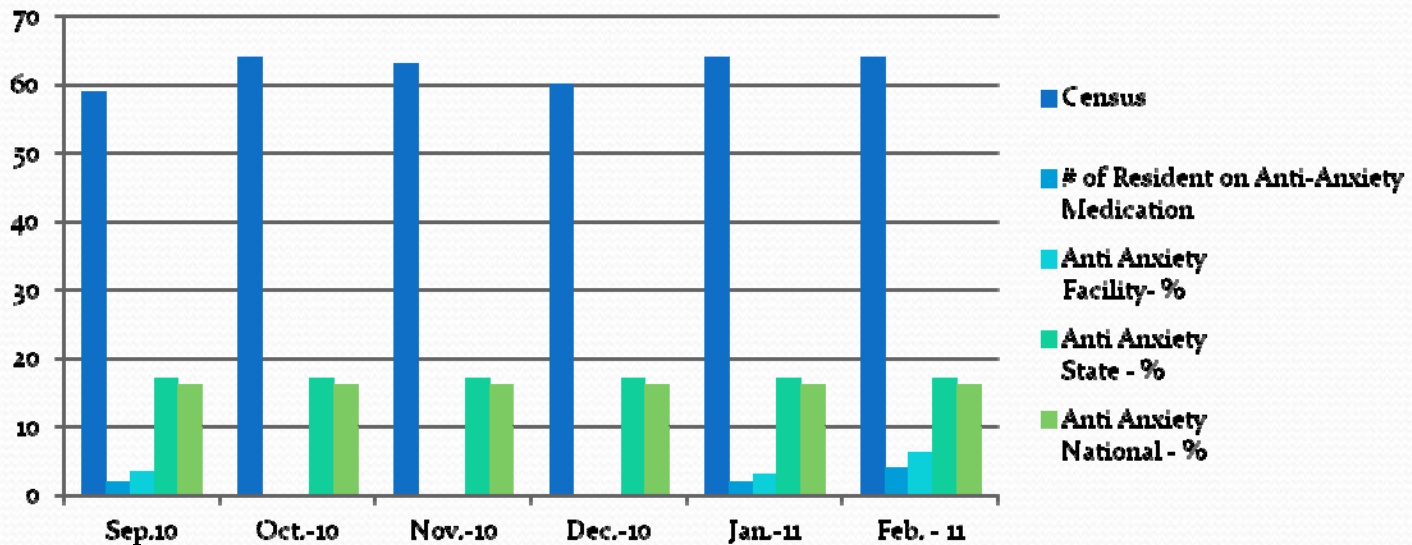
Anti-Depressant Usage

Date	Census	# of Resident on Anti-Depressant Medication	Anti Depressant Facility - %	Anti Depressant State - %	Anti Depressant National - %
Sep.10	59	25	42.37	36.50	42.00
Oct.-10	64	29	45.31	36.50	42.00
Nov.-10	63	24	38.10	36.50	42.00
Dec.-10	60	22	36.67	36.50	42.00
Jan.-11	64	23	35.94	36.50	42.00
Feb. - 11	64	22	34.38	36.50	42.00



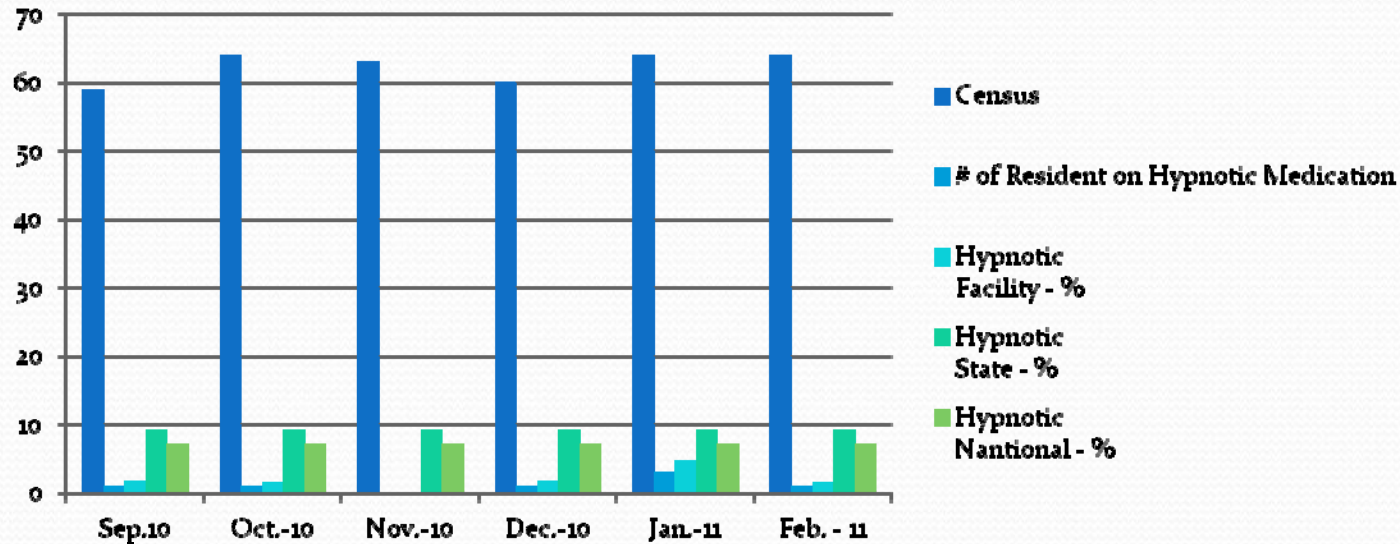
Anti-Anxiety Usage

Date	Census	# of Resident on Anti-Anxiety Medication	Anti Anxiety Facility- %	Anti Anxiety State - %	Anti Anxiety National - %
Sep.10	59	2	3.39	17.10	16.20
Oct.-10	64	0	0.00	17.10	16.20
Nov.-10	63	0	0.00	17.10	16.20
Dec.-10	60	0	0.00	17.10	16.20
Jan.-11	64	2	3.13	17.10	16.20
Feb. - 11	64	4	6.25	17.10	16.20



Hypnotic Meds Usage

Date	Census	# of Resident on Hypnotic Medication	Hypnotic Facility - %	Hypnotic State - %	Hypnotic National - %
Sep.10	59	1	1.69	9.30	7.20
Oct.-10	64	1	1.56	9.30	7.20
Nov.-10	63	0	0.00	9.30	7.20
Dec.-10	60	1	1.67	9.30	7.20
Jan.-11	64	3	4.69	9.30	7.20
Feb. - 11	64	1	1.56	9.30	7.20



Contact Information:

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